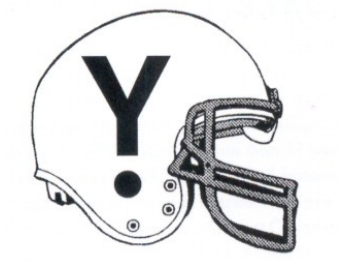
Quarterback Club of York 5K

PROUD MEMBER OF THE WELLSPAN SPORTS MEDICINE RUNNING SERIES



Labor Day

Monday, September 1ST, 2014

8:30 a.m.

Santander Stadium - York, PA

All proceeds go to:
Quarterback Club of York, Inc.
Contributions of over $300,000 to various youth oriented charitable organizations and scholarships.

Course Features: Race has cannon blast start. Course is out and back with a loop around beautiful Penn Park in the middle. There is an upward grade on the way out and downward on the way back. Race finishes inside stadium going past The Arch Nemesis, the tallest wall in baseball. We consider the course to be very fair and capable of producing fast times. **CHIP TIMING and PENDING USTA CERTIFICATION.**

Race Directors: Kevin Stover and Barry Biesecker

Registration Fees:

	Without Shirt	With Shirt
Youth Registration: 19 years and under	$10	$20
Registration: Before 8/18/14	$15	$25
Late Registration/Race Day	$20	$30 if available

Price Money

Top 3 Men	Top 3 Women
1st $300	1st $300
2nd $200	2nd $200
3rd $100	3rd $100

COURSE RECORD BONUS $200

Checks made payable to: "Quarterback Club of York" (ONLINE REGISTRATION at http://qbclubofyork.wikispaces.com)

Send Entries To: Barry Biesecker, 19 Copperwood Court, York, PA 17408

Race Information: http://qbclubofyork.wikispaces.com, Like us on Facebook, qbclubofyork@comcast.net or (717) 764-0334

Packet Pick-up/Registration: White Rose Bar and Grill 6:00-9:00 p.m. (Sunday), Santander Stadium race day from 7:00-8:15 a.m.

Awards and Premiums: $75 top master (male/female). Age groups (top 3 male/female) in the following categories: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over. Custom designed, premium technical half sleeve shirts for pre-registered runners. **All runners receive a FREE ticket for the York Revolution vs. Somerset Patriots game on Sept. 1st at 5:00p.m., York College of PA Night.**

Post Race Party: York Elks Lodge, 223 North George Street, lodge is just yards from the stadium. Food, beverages and live music.

FIRST NAME		LAST NAME		
STREET ADDRESS		CITY	STATE	ZIP
PHONE	BIRTHDATE month day year	AGE (ON RACE DAY)	GENDER ☐ M ☐ F	
SHIRT SIZE ☐ Small ☐ Medium ☐ Large ☐ X-Large		EMAIL		

Waiver - Please read and sign. If under 18, parent or guardian must sign.

I know that running a road race is a potentially hazardous activity and I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to complete the run safely. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Quarterback Club of York, Inc. the York Revolution, and all sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event or careless on the part of the persons named in this waiver.

Signature	Date

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PAST WINNERS

MALES			FEMALES	
DAVID RIZZUTO	16:34	**2009**	AYM THORNTON	19:32
MATT MARCINI	15:56	**2010**	PRISCILLA JENNINGS	18:07
DARRYL BROWN	15:43	**2011**	EMILY DUBS	18:21
ABIYOT WOYKU	15:00	**2012**	MARY DELL	16:59
ABIYOT WOYKU	14:19	**2013**	RKIA EL MOUKIN	16:25

Course Records: Abiyot Woyku 14:19 (Male) Rkia El Moukin 16:25 (Female)

VICTORY Athletic Association
YORK AREA SPORTS NIGHT
MUKIE'S SEAL COATING YORK, PA 854-1870 BRUSHED IN BY HAND
DALE E. ANSTINE
PRINCE A.A.
Elks usa
Ed Bender MORGAN-COLLINS REALTORS INC.
"That good York water" SINCE 1816
Barry Biesecker
INDUSTRIAL LUBRICANTS & PRODUCTS
THE PATTON GROUP Insuring What Matters Most
"THE MORE EXCLUSIVE RIBBON COMPANY" MOREX CORP. www.morexcorp.com
WHITE ROSE BAR & GRILL
White Rose Physical Therapy
M & Z ANODIZING INC.
Creation Services Group Flooring - Carpet Cleaning - Restoration
WELLSPAN Sports Medicine
SAN CARLO'S Restaurant
YORK Revolution
VIKING ATHLETIC ASSOCIATION