



2009 SUMMERFEST 5K
13th Annual EBACC Summerfest 5K
Part of the 2009 York Hospital Running Series
8:00 a.m., Saturday, July 18, 2009
Applications available at ebacc.com



3.1 mile race, run, or walk to help support the Fitness Center at the East Berlin Community Center.

Course: Starts and finishes at the EBACC, 405 North Avenue, East Berlin, PA.
 A flat course through the Boro of East Berlin. **Map on back.**

Time: 5K begins at 8:00. Children's Fun Run begins at 8:45.

Registration: 5:00-6:00 p.m., Friday, July 17.
 6:30-7:45 on morning of the race.

5K: Pre-entry: Postmarked by June 25 \$15 with T-shirt
 \$10 without T-shirt
 Post-entry: Postmarked after June 25 \$20 with T-shirt (if available)
 \$15 without T-shirt

Children's Fun Run: \$10 pre-registration with T-shirt (guaranteed to all registrants by June 25)
Ages 2-12 \$5 race day registration (no T-shirt)

**Race packets can be picked up at the Community Center on Friday, July 17,
 5:00-6:00 p.m. or the morning of the race.**

5K age brackets and plaque awards:

MALE: 14 & under (1) 15-19 (2) 20-24 (3) 25-29 (3) 30-34 (3) 35-39 (3) 40-44 (3) 45-49(3)
 50-54 (3) 55-59 (3) 60-64 (2) 65-69 (1) 70 and over (1)
 Walker (1) Clydesdale-200 lb. + (2)

CASH AWARDS: Overall 1st Place \$150 Overall 2nd Place \$125 Overall 3rd Place \$100

FEMALE: 14 & under (1) 15-19 (2) 20-24 (3) 25-29 (3) 30-34 (3) 35-39 (3) 40-44 (3) 45-49 (3)
 50-54 (3) 55-59 (2) 60-64 (1) 65-69 (1) 70 and over (1) Walker (1)

CASH AWARDS: Overall 1st Place \$150 Overall 2nd Place \$125 Overall 3rd Place \$100

*All Children's Fun Run participants will receive an award. Complimentary drinks and snacks after events.
 Random drawings for prizes after awards. No prize substitutions. Must be present to win.
 NO Duplication of awards.*

Information: Community Center Phone 259-8848 (mornings), Ken Young 259-0434 (evenings)

PLEASE NO SKATEBOARDS, HEADSETS, ROLLERBLADES, OR DOGS.

PLEASE CIRCLE MALE SK RUN CHILDREN'S FUN RUN SK WALK
 FEMALE CLYDESDALE

NAME: _____ **AGE** (age on 7/18/09) _____ **Date of Birth Reqd** _____ **PHONE:** _____
 mm/dd/yyyy

ADDRESS: _____ **CITY, STATE, ZIP:** _____

T-SHIRT SIZE (Circle One)

Adult Sizes: S M L XL XXL NONE
Children's Sizes: S (6-8) M (10-12) L (14-16)

I, the undersigned, hereby for myself, heirs, executors, and administrators assume all risks associated with participating in this event and do hereby release and discharge East Berlin Community Center, its board and members, race officials, sponsors, volunteers, and the Boro of East Berlin, and York Hospital from any and all claims of liability for death, personal injury, damages or losses arising out of participation in this event. I agree to abide by all decisions of race officials. I certify that I am physically fit for this event.

Signed _____ Date _____
 (Parent or guardian if under 18)

Checks payable to: East Berlin Area Community Center (EBACC)

Mail to: EAST BERLIN AREA COMMUNITY CENTER SUMMERFEST 5K
 BOX 530 - 405 NORTH AVE.
 EAST BERLIN, PA 17316

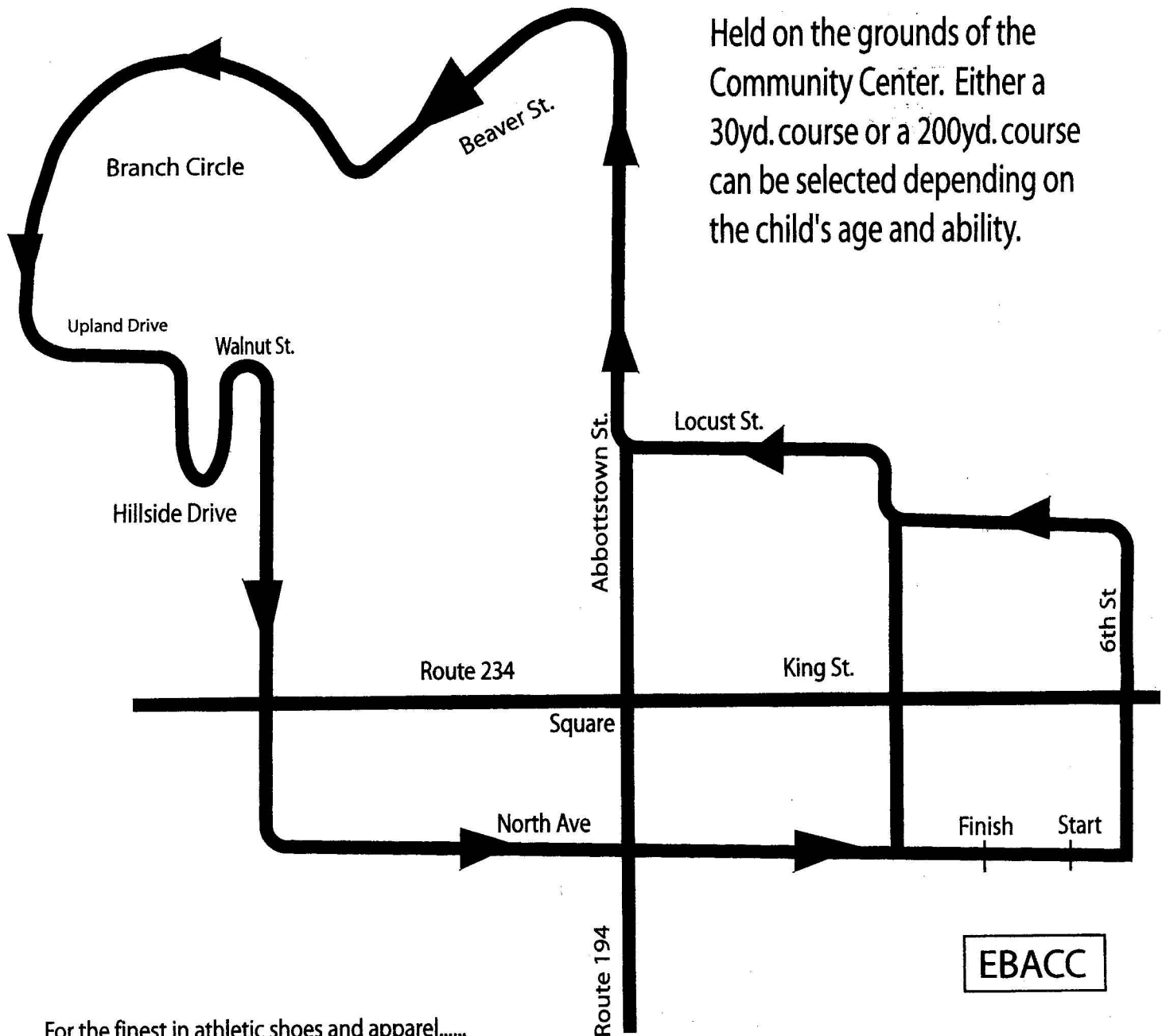
Applications available at yhrunningseries.com

ELECTRONIC TIMING SERVICE PROVIDED BY YORK ROAD RUNNERS CLUB

Race #
Letter Category

5K

Children's Fun Run will be Held on the grounds of the Community Center. Either a 30yd. course or a 200yd. course can be selected depending on the child's age and ability.



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