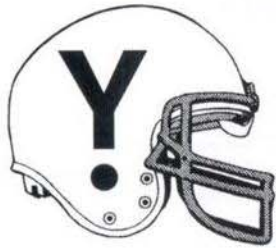


# Quarterback Club of York 5K

PROUD MEMBER OF THE YORK HOSPITAL RUNNING SERIES



**Labor Day**  
**Monday, September 7<sup>th</sup>, 2009**  
**8:30 a.m.**



All proceeds go to:  
**Quarterback Club of York, Inc.**  
Contributions of over \$210,000 to various youth oriented charitable organizations and scholarships.

**Time and Place:** 8:30 a.m. Sovereign Bank Stadium, 5 Brooks Robinson Way, York, PA 5k finishes inside stadium

**Race Directors:** Kevin Stover and Barry Biesecker

**Registration Fee:** \$15 without T-shirt, \$20 with T-shirt postmarked by August 29th  
Late Registration/Race Day \$25. Checks made payable to the "Quarterback Club of York"



**Send Entries To:** Barry Biesecker, 19 Copperwood Court, York, PA 17408

**Race Information:** <http://www.qbclubofyork.wikispaces.com>, qbclubofyork@comcast.net or (717) 764-0334

**Packet Pick-up/Race Day Registration:** Sovereign Stadium starting at 7:00 a.m.

**Awards and Premiums:** Open (top three male/female). Age groups (top three male/female) in the following categories: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and over. Custom designed, premium T-shirts for pre-registered runners.

**Proceeds:** Benefiting scholarships for York County student athletes

**Post Race Party:** York Elks Lodge, 223 North George Street

## **Sponsors**

**- Dale E. Anstine -**

**York Hospital - M & Z Anodizing - John Ogden for Judge - Drayer Physical Therapy**

FIRST NAME		LAST NAME	
STREET ADDRESS		CITY	STATE ZIP
PHONE	BIRTHDATE month    day    year	AGE (ON RACE DAY)	GENDER <input type="checkbox"/> M <input type="checkbox"/> F
SHIRT SIZE <input type="checkbox"/> small <input type="checkbox"/> medium <input type="checkbox"/> large <input type="checkbox"/> X-Large		EMAIL	

Waiver - Please read and sign. If under 18, parent or guardian must sign.

I know that running a road race is a potentially hazardous activity and I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to complete the run safely. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Quarterback Club of York, Inc. the York Revolution, and all sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event or careless on the part of the persons named in this waiver.

Signature

Date